

SEVENTEENTH ANNUAL
HALF VOYAGEUR TRAIL MARATHON

July 12, 2008 6 AM at Lake Superior Zoo parking lot

PURPOSE: Support for MVTU 50 mile; a thank you to MVTU volunteers; introduction to the course for those not ready for a full fifty miles--Very few "frills"

COURSE: Rough Woodland trails from the Lake Superior Zoo to Carlton--the Minnesota Voyageur Trail Ultra--one way--plus Jarrow's Beach loop to = 26+ miles.

AWARDS: Top male and female finishers in proportion to entries, given at finish line. Cozy Cafe has a spaghetti special after the race two blocks from finish!!

NUMBER PICK-UP: 5:15am to 5:45am at start--if rides are needed, meet at 5:00 am at Munger Bike Trail parking lot in Carlton and carpool--shirt at finish.

AID STATIONS: Will provide water and electrolyte replacement approximately every three miles. Bag drop at approximately half way

COST: \$25; \$35 after June 1st; \$45 after July 1st
(\$10 for full voyageur July 26, 2008 volunteers-prepare to spend at least 5 hours-all day is great!!
Call Barb 218-729-5949 for assignment. We will find a place for you depending on your schedule)

Checks payable to MVTU; Send entries to address below
If you want results mailed send or bring SASE.
We may post results on internet at <http://mvtu.slovis.com>

For Further Information:

Eugene Curnow
6841 Triple Lakes Road
Saginaw, MN 55779
(218) 729-5949

HALF VOYAGEUR TRAIL MARATHON

Waiver: In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, my Heirs, Executors, and Administrators, do hereby release any and all sponsors of this race, and their representatives, successors and assigns from any and all liability arising from illness or injuries I may suffer as a result of my participation in this race. I attest and verify that I am physically fit and have sufficiently trained for the completion of this race. I also understand and agree that any sponsor may subsequently use for publicity and/or promotional purposes my name and/or photograph, videotapes, motion pictures and recordings of me participating in this event without obligation or liability to me. I also understand that entry fees are not refundable. I have read the foregoing and certify my agreement by my signature below.

NAME _____ M or F _____ Age on race day _____.
ADDRESS _____ PHONE _____
CITY _____ STATE _____ ZIP _____ SHIRT L or XL

Signature: _____ Date: _____